

First International Course on Chrononutrition
II Workshop Cronobiología Nutricional
Graduate Program in Health Sciences
Graduate Program in Genetics and Biochemistry
Federal University of Uberlândia
Schedule - All Brasilia Time / Brazil

Monday November 23th

8:00-14:30h - Description of the evaluation activity for graduate students enrolled in the course
"Potential research questions on chrononutrition".
Division of working groups and distribution of topics.
Tutors Presentation

Tuesday November 24th

8:00-13:40h - Food as a circadian desynchronization factor
Carolina Escobar, PhD, Universidad Nacional Autónoma de México (Unam), México.
8:40-14:00h - Q&A
15:00-15:40h - Shift work and metabolic health: what does science still need to address?
Kenneth P. Wright Jr., PhD, Univ. of Colorado Boulder, USA.
15:40-16:00h - Q&A

Wednesday November 25th

8:00-13:40h - Chrononutrition as an emergent area to treat nutritional disorders
Maria Fernanda Zerón Rugerio, PhD, Universidad de Barcelona, Spain.
8:40-14:00h - Q&A
15:00-15:40h - Epidemiological approach on chrononutrition
Luigi Palla, PhD, London School of Hygiene and Tropical Medicine, UK.
15:40-16:00h - Q&A



Thursday November 26th

8:00-18:40h - New approaches to nutritional intervention for shift workers
Maxine Bonham, PhD, Monash University, Australia.
8:40-19:00h - Q&A
19:00-20:00h - Virtual Happy Hour - Development of Chrononutrition Research

Friday November 27th

8:00-16:00h - Presentation of study designs (students)
Course evaluation

Registration

 @cronutri (direct)
 cronutri@gmail.com